

High Country Lifelong Learning Fall 2013

Most lectures are held at the Lois E. Harrill Senior Center located in the Watauga County Human Services Building at 132 Poplar Grove Connector, Suite A, Boone.

Lifelong Painters

When: Every Wednesday, 9:00am to 12:00pm

Description: JoAnn Pippin, watercolor artist with 20 years of experience.

Join JoAnn and others who gather every Wednesday for a "paint together" session. Just bring your watercolors and equipment and be inspired by this lively group of painters. All levels are invited, but some experience with watercolor is helpful.

Place: Senior Center, Classroom 3

Painting with Alcohol Ink Demonstration

When: Thu, 5 September, 3:00pm to 4:15pm

Description: Cathy Taylor, a signature member of several national art organizations, will present a lively demonstration of painting with alcohol inks. This is a fast-developing new trend in the art world.

Place: Senior Center, Classroom 3

Swifts Night Out with High Country Audubon Society

When: Thu, 5 September, 7:00pm to 8:30pm

Description: Meet in front of the dorms at the Lees-McRae College campus to watch chimney swifts fly into their roost at dusk. You may bring a picnic supper to enjoy while awaiting the swifts arrival as the sun goes down.

Place: Lees-McRae College Campus

Community Event: Ayad Ahktar author American Dervish

Tue, 10 September, 10:00am to 11:00am

Ayad Akhtar author of American Dervish will speak at convocation on the campus of ASU.

Place: ASU Convocation Center

A Writing Trip Full of Surprises

When: Tue, 10 September, 1:00pm to 4:00pm

Description: Join Sue Spirit for a leisurely writing trip full of fun and discoveries. We will drive to our first spot where we'll spend time pondering and penning, using some suggested exercises. Then on to Stop # 2 & # 3 for more writing time. We'll end the afternoon with sharing & refreshments. Bring a journal or notebook & a pen.

Place: Begin at the Harrill Senior Center, Parking Lot

Community Event: Ayad Ahktar, author of American Dervish

When: Wed, September 11, 10:30am

Description: The library will be hosting Mr. Ahktar to discuss his book.

Place: Watauga County Public Library

Open Meeting - Ideas for Winter-Spring Programs

When: Thu, 12 September, 10:00am to 11:30am

Description: An opportunity for members and perspective member to suggest topics for future programs.

Place: Senior Center 2nd Floor Conference Room

History of Advertising From the 1940s to Present

When: Tue, 17 September, 10:00am to 11:30am

Description: Roger Bodo, recently retired ASU educator will discuss and show examples of advertising styles, strategies, legendary leaders, and the many changes from the 1940s to the present. Four major advertising holding companies are now responsible for producing 90% of the world's advertising. In addition to providing a basic overview of how advertising is approached and developed, handouts will be provided with TV and internet links to documentaries and books about "The Real Mad Men".

Place: Senior Center 2nd Floor Conference Room

Hike Green Knob Trail

When: Thu, 19 September, 9:30am to 12:30pm

Description: Moderately strenuous 2.3 mile loop with diverse scenery of dense rhododendron, old growth timber, and pastures to top of Knob with views. We will take our time going up and down.

Place: Meet at Sims Pond Parking area BRP milepost 295.9

"Bullying: It's Killing Our Kids"

When: Mon, 23 September, 2:00pm to 3:30pm

Description: Lissa Brown, author of "Who gets Bullied and Why" highlights the research on adult effects of childhood bullying, teen suicide, the role of schools and churches in promoting/fighting bullying, and things adults can do to prevent bullying.

Place: Senior Center 2nd Floor Conference Room

Jewish Holidays and Calendar

When: Tue, 24 September, 10:00am to 11:30am

Description: Dr. Rosemary Horowitz will discuss Jewish Holidays and the Jewish Calendar.

Place: Senior Center 2nd Floor Conference Room

Will China Hit the Wall?

When: Thu, 26 September, 2:00pm to 3:30pm

Description: Professor Martin Schoenhals will discuss his current & ongoing research in China, focusing on past and current trends in China and how they are affecting the Chinese people. He is a professor of cultural anthropology at Columbia University and Dowling College in New York and is currently doing sabbatical research in China.

Place: Senior Center 2nd Floor Conference Room

Everything You Wanted to Know About Islam, But Were Afraid to Ask

When: Wed, 2 October, 2:00pm to 3:30pm

Description: Dr. Sandie Gravett will speak on "Everything You Wanted to Know About Islam, But Were Afraid to Ask". This talk will include a short primer on the basics of Islam as it developed historically from the story of Muhammad down through the early years following his death. We will also consider Islam as a world religion today by thinking about the places where Islam is growing, the varied sects, and how Islam is related to global geo-political and economic issues.

Place: Senior Center 2nd Floor Conference Room

Hike: Tanawha Trail at Holloway Mountain Road

When: Thu, 3 October, 9:30am to 12:30pm

Description: Hike scenic portion of Tanawha Trail through pasture land to rock outcropping and sit a spell; returning on same section of trail.

Place: New parking lot on Holloway Mountain Road off of BRP mile 298.5

Instructions: Take BRP past milepost 298, turn at sign for Hwy #221 and Holloway Mtn. Rd., turn right toward gravel road (not #221) and look for new parking lot on left.

Tour of Boone Drinking Water Treatment Plant

When: Wed, 9 October, 1:00pm to 2:15pm

Description: Take a guided tour of the facility that has been providing clean water to the Boone area for 30 years. Learn about the source of the 1.7 million gallons per day currently processed, how it is tested and treated, our back up capacity, and what happens when there is sizable rain runoff. Let's meet in the parking lot at 12:45.

Place: 376 Deck Hall Rd, Boone.

Offerings to the Sun: Prehistoric Solar Alignments in the Southern Appalachians

When: Mon, 14 October, 10:00am to 11:30am

Description: Dr. Tom Whyte, Department of Anthropology, ASU, will talk about special prehistoric archeological sites in the region that appear to have served, in part, as places of worship and spirit contact.

Place: Senior Center Classroom 3

Energy Economics

When: Thu, 17 October, 2:00pm to 3:30pm

Description: Dr. John Whitehead, Chairman of the App. State Economics Dept., will address the topic of "Energy Economics". While "Energy Independence" is a national priority, each energy source has it's own set of economic impacts; positive and negative. Dr. Whitehead will address how these impacts are derived and discuss several that are at issue here in our area; including fracking and wind energy.

Place: Senior Center Dining Room

Millennials: Getting to know the young adults in Boone

When: Tue, 22 October, 2:30pm to 4:00pm

Description: Rev. Tommy Brown will speak on Millennials: Getting to know the young adults in Boone Having worked with youth and young adults throughout his career in ministry, Rev. Tommy Brown will

introduce us to this fascinating generation of young adults who are everywhere here in the High Country. Born after 1985 this generation has generally always had access to computers, the internet, cell phones, 100+ channels on TV, and 24/7 News. They have also generally not experienced a world without the threat of terrorism, the US not actively at war, and feeling safe walking at night. We'll explore how these and many other factors have impacted who these young adults have become and are becoming as well as the opportunities.

Place: Senior Center 2nd Floor Conference Room

Hormone Disruptors in our Environment--How toxic are they to us and aquatic wildlife?

When: Wed, 23 October, 2:00pm to 3:30pm

Description: Please join Dr. Shea Tuberty, Associate Professor of Invertebrate Zoology and Ecotoxicology at ASU, as he discusses some of the impact of thousands of new chemicals introduced since the mid-20th century in agriculture, pharmaceuticals, cosmetics, and plastics. How has this explosion of new compounds changed the way toxicology is studied? What is the Boomerang Paradigm? What are endocrine disruptors and what effect do they have on fish and ourselves?

Place: Senior Center 2nd Floor Conference Room

The Subtleties of Modern Prejudices - Dr. Ginger Loggins

When: Thu, 24 October, 2:00pm to 3:30pm

Description: Dr. Ginger Loggins, ASU, Department of Communications, will present The Subtleties of Modern Prejudice - How We May Exhibit Prejudices Without Even Knowing. She will discuss current theories of prejudice, how they may impact our actions, and how they may be exhibited through our body languages.

Place: Senior Center 2nd Floor Conference Room

Wine Making & Appreciation - Roger Bodo

When: Tue, 29 October, 2:00pm to 3:00pm

Description: Roger Bodo will present a program on the art of wine making and the joy of wine appreciation.

Place: Senior Center 2nd Floor Conference Room

Art, Education, and Cultural Networking in South Africa

When: Thu, 31 October, 2:00pm to 3:30pm

Description: Pegge Laine of the Turchin Gallery will present a program about her experiences in South Africa from Sept. 14-24. As the educational / outreach coordinator for the visual arts at TCVA she is traveling to South Africa with Hank Foreman and Sandra Black to visit the University of Johannesburg and the the University of Zula to meet with artists to choose art for the next international show at the Turchin to open in July of 2014. While there she will network with local schools and artists within the community to begin a dialogue /exchange of art and ideas to increase our awareness of each other's community. For more information on this presentation, email JoAnn Pippin at rj2pip@yahoo.com

Place: Senior Center 2nd Floor Conference Room

Classical Guitar Program with David Smith

When: Wed, 6 November, 2:00pm to 3:30pm

Description: UNDERSTANDING THE CLASSICAL GUITAR David Gabriel Smith, a graduate of the Hayes School of Music, is a guitar performer and teacher in NC and VA colleges. He has been playing guitars for nearly 13 years; beginning with an inexpensive acoustic guitar, then an electric and eventually a classical guitar. Over time he has invested in about 8 different makes or models. His lecture will touch briefly on these instruments and their differences, as well as, focusing on his three classical guitars. Materials, craftsmanship, tone and playability will be discussed for each of them with a Q&A at the end. For more information about this session, call JoAnn Pippin at 603 387-6766.

Place: Senior Center 2nd Floor Conference Room

The History and Science of Beer Fermentation

When: Thu, 7 November, 2:00pm to 3:30pm

Description: Come and hear Prof. Brett Taubman of the Fermentation Sciences Dept. at ASU tell us: "How did it all get started? Would civilization exist without beer? What are the essential factors and ingredients that produce our favorite brews? Are there health benefits associated with beer? Does anyone remember Stroh's Beer? Why have craft beers become so popular? Come learn the answers to these questions and many more."

Place: Senior Center Dining Room

Conflict Resolution: Aikido

When: Thu, 14 November, 10:00am to 11:30am

Description: Skip Rackmill will present a workshop on Conflict Resolution. In many cases, conflict is a fact of life. The fact that conflict exists, however, is not necessarily a bad thing. The Japanese martial art Aikido can be used as a metaphor for dealing with conflict. Aikido teaches how to control conflict with minimum use of strength by blending with an attack and seeking the path of least resistance. Aikido has been referred to as 'the way of peace' and 'the non-violent martial art.' As a result of this workshop, attendees will: Learn how to blend with the change in order to avoid conflict and resistance Learn Breathing Exercises Learn exercises in the fundamentals of calmness under pressure, energy development, and relaxation Learn Conflict Resolution

Place: Senior Center 2nd Floor Conference Room

Comet ISON: Properties and Viewing Times

When: Tue, 19 November, 2:00pm to 4:30pm

Description: Join Dr. Tom Rokoske as he provides an overview of comets including their origin, composition, properties, motion and how their motion may be perturbed. Who names comets? How are they viewed and photographed. This knowledge will be applied to Comet ISON 2012 S1 that may be visiting us in November.

Place: Senior Center 2nd Floor Conference Room

The Ecology of Ecuador--Recent Changes to the Coast, Jungle, and Native People

When: Wed, 4 December, 2:00pm to 3:30pm

Description: Come and hear a fascinating talk from Watauga County Natural Resources and Environmental Education Extension Agent Wendy Patoprsty, about her trip to Ecuador last year. Learn about current natural resource challenges such as mass mangrove destruction due to shrimp farming, what is being done to help struggling farmers, destruction to land by cattle ranching, and the impact on indigenous tribes by toxic waste from petrochemical exploitation.

Place: Senior Center 2nd Floor Conference Room

Annual Trip to the Barter Theater, Abingdon, VA

When: Thu, 5 December, 10:00am to 5:30pm

Another Night Before Christmas

Barter II Stage

'Twas the night before Christmas . . . and there's a burglar in the house! or is it someone more familiar - someone with a twinkling eye, perhaps? A cynical social worker is about to have her humbug attitude turned upside down in this truly endearing and hysterical musical comedy. A modern%u2022 day Christmas comedy to make you laugh 'til you jiggle like a bowlful of jelly.

A Christmas Story

Main Stage

One of the best-attended plays in Barter's 80-year history is back on stage this Christmas. All Ralphie wants for Christmas is a genuine Red Ryder BB gun, but all of the adults in his life say 'You'll shoot your eye out!' This well-loved Christmas movie tradition comes to life on Barter's stage, featuring all your favorite scenes: the school bully, the bunny suit, the triple-dog-dare tongue on the flagpole and the iconic leg lamp. Don't miss this laugh-filled Christmas comedy%u2014perfect for the whole family!Â

Ticket Price for either play is \$34

Order tickets for the matinee for either of these plays, and meet at 10 AM at the Senior Center to carpool to Abingdon and have lunch at Rain before the performance. You will need to order your tickets by the 15th of October, and notify JoAnn Pippin by email at rj2pip@yahoo.com that you are coming, and how many in your party. Place: Meet at the Senior Center to form carpools.